

Beer By BART

Explore great beers without driving via San Francisco Bay Area Rapid Transit

An itinerary for the Rate Beer Summer Gathering '09 BART beer adventure Sunday, July 19th

12 Noon -- Arrive at **Monks Kettle** at opening time, at 3141 16th Street (415) 865-9523, where we will gather in an elegant small café with beers from around the world. (Arriving earlier and hungrier? This is a great area for little cafes and taquerias: grab a bite at any of the eateries nearby if you're famished.)

About 1:15 -- leave Monks Kettle walking east on 16th to Mission Street. Enter the 16th St. BART Station.

Purchase a \$13.10 ticket to cover the following adventure. (If you or the whole group decides to eat dinner in Rockridge neighborhood you can add on another \$3.50 later in the day, or just make it \$16.60 from the start.)

To head to Triple Rock Brewery near the downtown Berkeley Station, you take the **Pittsburg-Baypoint** train. \$3.75 is deducted from your ticket for this leg, 29 minute ride, a train runs every 15 minutes. Note: You will make an easy transfer to a waiting **Richmond-bound** train at the 12th Street Oakland station, across the same platform.

About 2:00 -- Arrive Berkeley Station, exit central escalator, walk north up Shattuck Avenue (towards the distant hills) to Berkeley's iconic brewpub, **Triple Rock** at 1920 Shattuck Avenue. (510) THE-BREW. Triple Rock has been open under the same owners longer than any other brewpub in the country. It's now home to popular creative brewer Roger Davis, formerly of Drakes. (If you get restless, you can also swing by Jupiter, 2181 Shattuck)

About 4:00 -- Walk back down to Berkeley station for a **Fremont-bound** train. Second leg \$3.25, 34 minute ride, every 15 minutes.

About 4:45 -- Arrive at Hayward. From the station exit, head left to B Street then turn right, up to **The Bistro** at 1001 B. St. (510) 886-8525, where we'll enjoy this friendly neighborhood destination, originators of some of the Bay Area's best beer festivals, and a favorite beer geek gathering point. (If you get restless, peek into Buffalo Bill's up the street, noted as the originator of commercial pumpkin beer, an autumnal specialty.)

About 6:30 -- Walk back to the Hayward Station, take a **Richmond-bound** train to **12th Street Station**. Third leg \$3.00, 21 minute ride, every 15 minutes.

Had enough fun? Here at 12th Street you could swap trains to return to SF now, but we're not done yet! Choose an eating neighborhood based on lists on the next page. Exit from 12th St Station into **Old Oakland**, or else change trains inside the station to go three stops east to **Rockridge** Station, towards **Pittsburg-Baypoint**. Some pubs and eateries that are open on Sunday are listed on the back of this sheet. (Going to Rockridge then back to 12th Street adds \$3.50 to your BART ticket total. Use the addfare machines prior to exit if needed.)

About 7:00 -- Approximate arrival time, dinner wherever you please.

About 9:00 -- meet up with the rest of the group for a nightcap or linger for an evening of fine beers at **The Trappist**, (12th Street Station, rated World Class on RateBeer). Bartenders who know beer serve you in fresh-rinsed "proper glassware." 460 8th St., near Broadway. (510) 238-8900.

Return to SF at your leisure. (Remember that BART starts to shut down after midnight).

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Back to San Francisco:

The last train to S.F. from the 12th Street station rolls through at 12:49 am. Get aboard this train or an earlier one on the lower platform (bound for **SFO, Daly City or Millbrae Station**). Final leg \$3.10, about a 13 minute ride from 12th (To Montgomery Street. Price and time will vary depending on your destination station.).

Get off at San Francisco's **Montgomery Street** BART Station to get a MUNI bus to Cathedral Hill Hotel. Get onto the bus at a street level bus stop – you want the number **38 Geary** bus up Market Street. \$2.00 exact fare on bus (bills and/or coins.) You will get off at Geary and Van Ness, then walk up to the hotel on Van Ness.

Alternatives: hail a cab on the street at BART, or call any SF Cab company such as "Luxor Cabs" (415) 282-4242.

(Missed that last train from Oakland? Ask the bar to call you a cab, or try Oakland's "Yellow Cab Express" (510) 230-8500 for a \$35-\$40 ride over the Bay to downtown SF.)

Some dinner options in Old Oakland near 12th Street Station (Open Sunday):

- Le Cheval (French Vietnamese-Chinese) 1007 Clay St near 10th (2 blocks west of Market), 510-763-8495
- Pacific Coast Brewing Co. (own plus guest BEER, pub food/burgers, free Wy-Fi) 906 Washington near 9th St (1 block west of Market), 510-836-2739
- The Trappist (good BEER, cheese plate only) 460 8th St., near Broadway. (510) 238-8900.

Some dinner options on College Avenue near Rockridge Station (Open Sunday):

- À Côté (French, Mediterranean, Greek) 5478 College Ave, 510-655-6469
- Barclay's Restaurant & Pub (many good BEER taps, neighborhood eatery) 5940 College Ave, 510-654-1650
- Ben & Nick's Bar & Grill (good BEER, burgers & pub snacks) 5612 College Ave, 510-923-0327
- Zachary's Chicago Pizza (Local favorite pizzeria near Barclay's) 5801 College Ave, 510-655-6385

BART basics:

- New to BART? The premise is one ticket per passenger from a vending machine in the station. (Credit cards, bills, coins.)
- Use your ticket twice each leg, to get in and out. The fare gates will deduct from your initial purchase each time you exit. Vending machines can also add to a existing ticket.
- If your ticket is underpaid when you go to exit, first pay up at an "AddFare" machine, and you can get out.
- Think "**closes at midnight.**" The last train may be a bit later but it won't wait for you.
- If you want to plan down to the minute look at the schedule posted at your departure station or at **www.bart.gov/schedules** There are also nice iphone apps for BART, or use twitter text queries set up via **traintext.com**
- Drinking is not actually permitted on trains.
- Use **beerbybart.com** for more transit info, maps, walking notes and links to the pubs' websites.
- **No bathrooms** in any underground BART stations since 9/11, just FYI. So use the facilities at the pub.